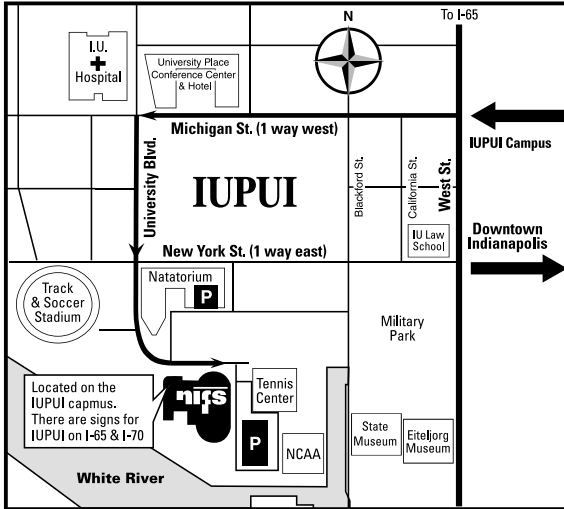


# Directions

to **nifs**

National Institute for Fitness and Sport

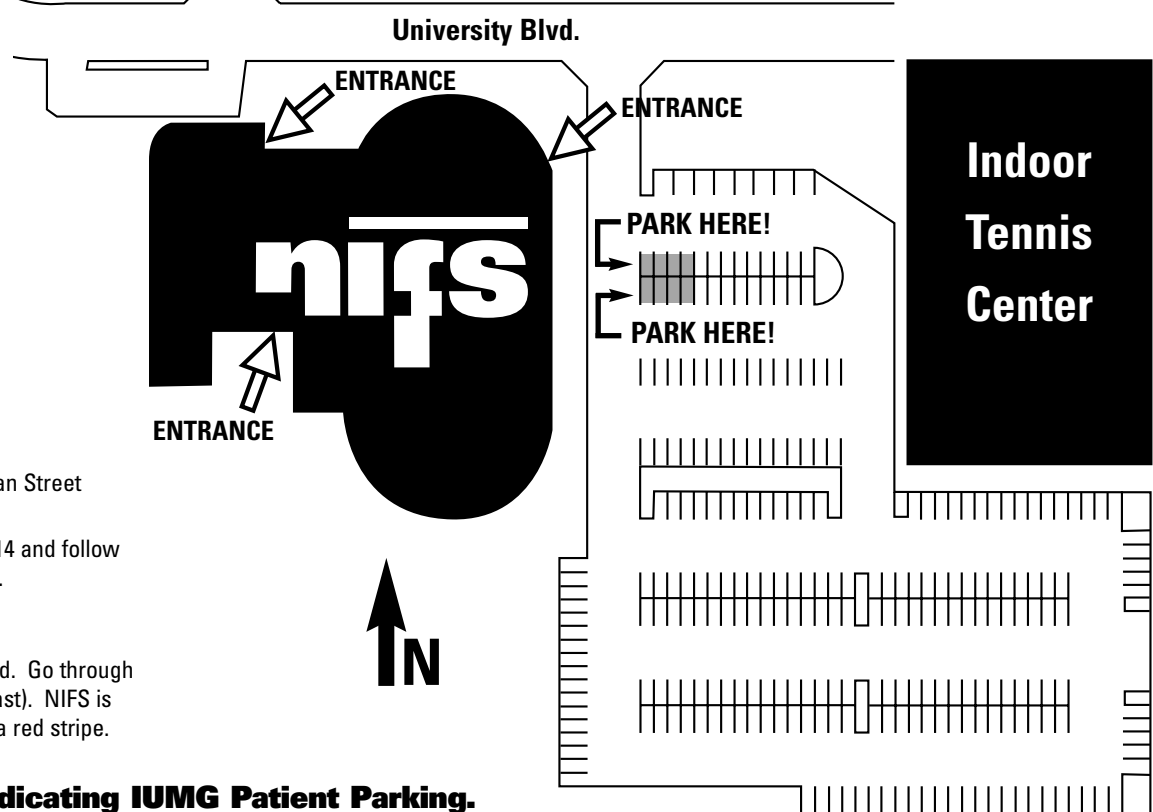
IU   
**MEDICAL  
 GROUP**



## Parking:



**Don't forget to display your parking permit on your rear view mirror!**



### Interstate 65

**FROM THE NORTH SIDE:** Take exit 114 and follow West Street south to Michigan Street and turn right. You will be heading west.

**FROM THE SOUTH SIDE:** Get on I-70 west. Take exit 79-A and follow West Street north to Michigan Street and turn left. You will be heading west.

### Interstate 70

**FROM THE WEST SIDE:** Take exit 79-A and follow West Street north to Michigan Street and turn left. You will be heading west.

**FROM THE EAST SIDE:** Get on I-65 north. Get to the leftmost lane. Take exit 114 and follow West Street south to Michigan Street and turn right. You will be heading west.

### FROM MICHIGAN STREET

Travel west to University Boulevard. Turn left (south) onto University Boulevard. Go through the stoplight at New York Street. University Boulevard will curve to the left (east). NIFS is located on the right side (south) of the street, a two-story, white building with a red stripe. The parking lot entrance is located east of the building.

**Park in the spaces marked with GREEN signs indicating IUMG Patient Parking.**

**\* CLINIC ENTRANCE: Main Level — Room #110 \***